

# Club Directory

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2015 - 2016



October 2015

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## Contact List

### Executive Committee

Norma Foster	President	<a href="mailto:guseikai@hotmail.com">guseikai@hotmail.com</a>
Donna Gardecki	First Vice President	<a href="mailto:gardecki@shaw.ca">gardecki@shaw.ca</a>
Kurt Nordli	Second Vice President	<a href="mailto:shima@shaw.ca">shima@shaw.ca</a>
Sarah Perez	Secretary	<a href="mailto:karatezeus21@gmail.com">karatezeus21@gmail.com</a>
Ken Corrigan	Treasurer	<a href="mailto:kenjan6@telus.net">kenjan6@telus.net</a>
Andreas Kuntze	Membership Director	<a href="mailto:andreask@shitoryu.net">andreask@shitoryu.net</a>
Paul Sexton	Director-at-Large	<a href="mailto:jpschwkw@icloud.com">jpschwkw@icloud.com</a>
Rick Penner	Director-at-Large	<a href="mailto:ripenner@telus.net">ripenner@telus.net</a>
Richard Mosdell	Director-at-Large	<a href="mailto:richard@kenzensportskarate.com">richard@kenzensportskarate.com</a>

### Staff

Jonathan Wornell	Executive Director	<a href="mailto:jwornell@karatebc.org">jwornell@karatebc.org</a>
Cheryl Gray	Executive Assistant	<a href="mailto:cheryl.gray@karatebc.org">cheryl.gray@karatebc.org</a>

### Committees & Other Contacts

#### Coaching Development Committee

Chair	Donna Gardecki	<a href="mailto:gardecki@shaw.ca">gardecki@shaw.ca</a>
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#### Discipline Committee

Chair	James Johnson	<a href="mailto:jjohnson045@gmail.com">jjohnson045@gmail.com</a>
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#### High Performance Committee

Chair	Richard Mosdell	<a href="mailto:richard@kenzensportskarate.com">richard@kenzensportskarate.com</a>
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#### Officials Committee

Chair	Paul Sexton	<a href="mailto:jpschwkw@icloud.com">jpschwkw@icloud.com</a>
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#### Technical Committee

Chair	Mike Scales	<a href="mailto:mikescales@telus.net">mikescales@telus.net</a>
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#### Tournament Committee

Chair	Brendan Flower	<a href="mailto:brendan.flower@gmail.com">brendan.flower@gmail.com</a>
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#### Membership Committee

Chair	Andreas Kuntze	<a href="mailto:andreask@shitoryu.net">andreask@shitoryu.net</a>
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#### Awards Committee

Chair	Brendan Flower	<a href="mailto:brendan.flower@gmail.com">brendan.flower@gmail.com</a>
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#### Medical Committee

Chair	Donna Gardecki	<a href="mailto:gardecki@shaw.ca">gardecki@shaw.ca</a>
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## **Karate Canada**

[www.karatecanada.org](http://www.karatecanada.org)

4545 Pierre de Coubertin

Montreal, QC H1V 0B2

Phone: 514-252-3209

Fax: 514-252-3211

Email: [info@karatecanada.org](mailto:info@karatecanada.org)

## **Karate BC**

[www.karatebc.org](http://www.karatebc.org)

Sydney Landing Suite 2002A

3713 Kensington Avenue

Burnaby, BC V5B 0A7

Phone: 604-333-3610

Fax: 604-333-3612

Email: [info@karatebc.org](mailto:info@karatebc.org)

## **Provincial Karate Associations**

### **Karate Alberta**

Suite 206-2525 Woodview Drive SW

Calgary, AB T2W 4N4

Phone: 780-432-3672

Website: [www.karateab.org](http://www.karateab.org)

### **Karate Manitoba**

145 Pacific Ave

Winnipeg, MB R3B 2Z6

Website: [www.karatemanitoba.ca](http://www.karatemanitoba.ca)

Email: [info@karatemanitoba.ca](mailto:info@karatemanitoba.ca)

### **Karate Newfoundland and Labrador**

c/o 388 Pine Line

Torbay, NL A1K 1A2

Website: [www.karatenl.ca](http://www.karatenl.ca)

Email: [karatenl@gmail.com](mailto:karatenl@gmail.com)

### **Saskatchewan Karate Association**

510 Cynthia Street

Saskatoon, SK S7L 7K7

Phone: 306-374-7333

Fax: 306-374-7334

Website: [www.saskarate.com](http://www.saskarate.com)

Email: [sk.karate@shaw.ca](mailto:sk.karate@shaw.ca)

### **Karate New Brunswick**

Website: [www.karatenb.com](http://www.karatenb.com)

### **Karate Nova Scotia**

5516 Spring Garden Road – 4<sup>th</sup> Floor

Halifax, NS B3J 3G6

Website: [www.karatens.org](http://www.karatens.org)

Email: [info@karatens.org](mailto:info@karatens.org)

### **Karate Ontario**

160-2 County Court Blvd

Brampton, ON L6W 4V1

Phone: 647-706-4835

Website: [www.karate-ontario.com](http://www.karate-ontario.com)

Email: [info@karate-ontario.com](mailto:info@karate-ontario.com)

### **Karaté Québec**

4545, avenue Pierre De Coubertin

C.P. 1000, Succursale M

Montreal, QC H1V 3R2

Phone: 514-252-3161

Website: [www.karatequebec.com](http://www.karatequebec.com)

Email: [info@karatequebec.com](mailto:info@karatequebec.com)

### **PEI Karate Association**

c/o Dawn Brown 131 Blue Heron Lane

Cornwall, PE COA 1H0

Website: [www.karatepei.ca](http://www.karatepei.ca)

Email: [dbrown@vogueoptical.com](mailto:dbrown@vogueoptical.com)

## BC Clubs (alphabetical by region)

### Kootenays (Zone 1)

#### Castlegar

##### Castlegar Karate Club

Address: Kinnaird Elementary School, 2273 - 10<sup>th</sup> Avenue, -and-  
Pass Creek Community Hall, 2100 Pass Creek Road, Castlegar, BC  
Website: [www.ssckarate.ca/Dojo/Castlegar.htm](http://www.ssckarate.ca/Dojo/Castlegar.htm)  
Contact: [mgdoucet@telus.net](mailto:mgdoucet@telus.net); 250-608-7399  
Sensei: Maurice Doucet

#### Rosland

Rosland Chito Ryu Karate

Address: Rosland Miner's Hall, 1765 Columbia Avenue, Rosland, BC  
Website: [www.trailtraditionalkarate.ca](http://www.trailtraditionalkarate.ca)  
Contact: [ktkarate@hotmail.com](mailto:ktkarate@hotmail.com); 250-364-2824  
Sensei: Scott Hutcheson

#### Trail

##### Trail Traditional Karate

Address: Fruitvale Elementary School, 1867 Columbia Gardens Road, Fruitvale, BC  
Website: [www.trailtraditionalkarate.ca](http://www.trailtraditionalkarate.ca)  
Contact: [ktkarate@hotmail.com](mailto:ktkarate@hotmail.com); 250-364-2824  
Sensei: Scott Hutcheson

### Thompson – Okanagan (Zone 2)

#### Ashcroft

##### Ashcroft Karate Club

Address: Ashcroft Elementary School Gym, 711 Hill Street, Ashcroft, BC  
Contact: [himawari@telus.net](mailto:himawari@telus.net); 250-373-2512  
Sensei: Yoriko Kanamaru-Susanj

#### Cache Creek

##### Thompson-Nicola Shotokan Karate Club

Address: Cache Creek Elementary School, 1260 Cariboo Highway, Cache Creek, BC  
Website: [www.shotocanada.ca/clubs/GoldCountry.html](http://www.shotocanada.ca/clubs/GoldCountry.html)  
Contact: [ms.duchaine@shaw.ca](mailto:ms.duchaine@shaw.ca); 250-453-0036  
Sensei: Jean-Sebastien Rodrigue & Nancy Duchaine

#### Kamloops

##### Kamloops Renshinkan Karate-Do

Address: Lloyd George Elementary Gym, 830 Pine Street, Kamloops, BC  
Sat: St. Andrews Church, 6th & Douglas Street  
Website: [www.members.shaw.ca/proberts02](http://www.members.shaw.ca/proberts02)  
Contact: [proberts02@shaw.ca](mailto:proberts02@shaw.ca); 250-376-7551  
Sensei: Paul Roberts

## **Kelowna**

### **Jushinkan Martial Art**

Address: Casorso Elementary School, 3675 Casorso Road, Kelowna, BC  
Website: [www.jushinkanmartialart.com](http://www.jushinkanmartialart.com)  
Contact: [jushinkan@gmail.com](mailto:jushinkan@gmail.com); 250-980-3279  
Sensei: Elizabeth Wijnstra

### **Kelowna Tsuruoka Karate Club**

Address: Parkinson Recreation Centre, 1800 Parkinson Way, Kelowna, BC  
Website: [kelownakarate.org](http://kelownakarate.org)  
Contact: [info@kelownakarate.org](mailto:info@kelownakarate.org); 250-769-6251  
Sensei: Lars Jensen

### **Rodney Hobson Karate Academy**

Address: Canadian Martial Arts Supply & Training Centre, 239 Rutland Road N, Kelowna, BC  
Website: [www.rhka.com](http://www.rhka.com)  
Contact: [rhkadojos@gmail.com](mailto:rhkadojos@gmail.com); 250-491-8313  
Sensei: Rodney Hobson

### **Taneda Dojo Kelowna Chito-Ryu**

Address: Okanagan Mission Community Hall, 4409 Lakeshore Road, Kelowna, BC  
Website: [www.tanedakaratedojo.com](http://www.tanedakaratedojo.com)  
Contact: [tanedakaratedojo@shaw.ca](mailto:tanedakaratedojo@shaw.ca); 250-768-2241  
Sensei: Chris Taneda

### **Taneda Dojo Westbank Chito-Ryu**

Address: Shannon Lake Elementary, 3044 Sandstone Drive - and – Chief Tomat Elementary,  
3044 Sandstone Drive -and – Westbank United, 3672 Brown Road, Westbank, BC  
Website: [www.tanedakaratedojo.com](http://www.tanedakaratedojo.com)  
Contact: [tanedakaratedojo@shaw.ca](mailto:tanedakaratedojo@shaw.ca); 250-768-2241  
Sensei: Chris Taneda

### **Tom Mah School of Karate**

Address: 1894 Ambrosi Road, Kelowna, BC  
Website: [www.tommahkarate.com](http://www.tommahkarate.com)  
Contact: [ktmafc@shaw.ca](mailto:ktmafc@shaw.ca); 250-712-0268  
Sensei: Tom Mah

### **Way of Life Martial Arts**

Address: Heritage Square, Main Floor, 1740 Gordon Drive, Kelowna, BC  
Contact: [tinaschade@hotmail.ca](mailto:tinaschade@hotmail.ca); 250-212-8170  
Sensei: Tina Schade

## **Nakusp**

### **Nakusp Shotokan Karate Club**

Address: 619 – 4<sup>th</sup> Street NW, Nakusp, BC  
Contact: [chicsharp@gmail.com](mailto:chicsharp@gmail.com); 250-837-2488  
Sensei: Chic Sharp

## **Penticton**

### **Taneda Dojo Penticton Chito-Ryu**

Address: Holy Cross School, 1298 Main Street, Penticton, BC  
Website: [www.tanedakaratedojo.com](http://www.tanedakaratedojo.com)  
Contact: [tanedakaratedojo@shaw.ca](mailto:tanedakaratedojo@shaw.ca); 250-768-2241  
Sensei: Chris Taneda

## **Revelstoke**

### **Revelstoke Shotokan Karate Club**

Address: Revelstoke Community Centre, 600 Campbell Avenue, Revelstoke, BC  
Contact: [chicsharp@gmail.com](mailto:chicsharp@gmail.com); 250-837-4884  
Sensei: Chic Sharp

## **Savona**

### **Sho Shoh-Ryu Karate-Do (Savona)**

Address: Savona Community Hall, 601 Tingley Street, Savona, BC  
Contact: [himawari@telus.net](mailto:himawari@telus.net); 250-373-2512  
Sensei: Yoriko Kanamaru-Susanj

## **Summerland**

### **Taneda Dojo Summerland Chito-Ryu**

Address: Giant's Head Elementary School, 10503 Prairie Valley Road, Summerland, BC  
Website: [www.tanedakaratedojo.com](http://www.tanedakaratedojo.com)  
Contact: [tanedakaratedojo@shaw.ca](mailto:tanedakaratedojo@shaw.ca); 250-768-2241  
Sensei: Chris Taneda

## **Fraser Valley (Zone 3)**

## **Abbotsford**

### **Abbotsford Isshin Ryu**

Address: 3751 Davie Street, Abbotsford, BC  
Website: [members.shaw.ca/kakuredojo](http://members.shaw.ca/kakuredojo)  
Contact: [kakuredojo@shaw.ca](mailto:kakuredojo@shaw.ca); 604-864-7590  
Sensei: Mike O'Leary

### **Abbotsford Karate Club**

Address: Godson Elementary School, 33130 Bevan Avenue, Abbotsford, BC  
Website: [www.abbotsfordkarate.ca](http://www.abbotsfordkarate.ca)  
Contact: [jpschw@icloud.com](mailto:jpschw@icloud.com); 604-792-3941  
Sensei: Paul Sexton

### **Abbotsford Tekken Shotokan**

Address: McMillan Elementary School, 34830 Oakhill Drive, Abbotsford, BC  
Contact: [worthyopponent@hotmail.com](mailto:worthyopponent@hotmail.com); 604-832-8228  
Sensei: Manjit Gosal

### **Dragon Dojo Isshin-Ryu Karate**

Address: John MacLure Community School, 2990 Oriole Crescent, Abbotsford, BC  
Website: [www.dragondojo.ca](http://www.dragondojo.ca)  
Contact: [sheila.reimer@gmail.com](mailto:sheila.reimer@gmail.com); 604-217-0453  
Sensei: Sheila Reimer

### **Aldergrove**

#### **Aldergrove Karate Club**

Address: Aldergrove Community Secondary School, 26850 29<sup>th</sup> Avenue, Aldergrove, BC  
Website: [aldergrovekarate.com](http://aldergrovekarate.com)  
Contact: [aldergrovekarate@shaw.ca](mailto:aldergrovekarate@shaw.ca); 604-897-2681  
Sensei: Steve Tang

### **Chilliwack**

#### **Chilliwack Chito-Ryu Karate Club**

Address: Watson Elementary School - 45305 Watson Road, Chilliwack, BC  
Website: [www.ccrk.org/ccrk.org/Welcome.html](http://www.ccrk.org/ccrk.org/Welcome.html)  
Contact: Karen Angelucci; [chilliwackchitoryu@gmail.com](mailto:chilliwackchitoryu@gmail.com); 604-997-0835  
Sensei: Fred MacKenzie

#### **Chilliwack Uechi-Ryu Karate-Do**

Address: St John's Anglican Church Hall, 46098 Higginson Road, Chilliwack, BC  
Website: [www.facebook.com/pages/Chilliwack-uechi-ryu-karate-club/252845088082957](https://www.facebook.com/pages/Chilliwack-uechi-ryu-karate-club/252845088082957)  
Contact: [uechi15@hotmail.com](mailto:uechi15@hotmail.com); 604-798-4024  
Sensei: Barry Gower

#### **Sho Bu Kai Karate Club**

Address: McCammon Elementary School, 9601 Hamilton, Chilliwack, BC  
Contact: [metzler.troy@gmail.com](mailto:metzler.troy@gmail.com); 604-792-8072  
Sensei: Troy Metzler

### **Coquitlam**

#### **Coquitlam Shotokan**

Address: Nestor Elementary School, 1266 Nestor Street, Coquitlam, BC  
Contact: [emscases@telus.net](mailto:emscases@telus.net); 604-945-9877  
Sensei: Mike Scales

#### **West Coast Goju-Kai Coquitlam**

Address: 1001-D Austin Avenue, Coquitlam, BC  
Website: [www.gojukai-bc.ca](http://www.gojukai-bc.ca)  
Contact: [dojo@gojukai-bc.ca](mailto:dojo@gojukai-bc.ca); 778-355-4685  
Sensei: Donna Gardecki

### **Langley**

#### **KimNik Shotokan Karate Academy**

Address: Ecole des Voyageurs, 8736 – 216<sup>th</sup> Street, Langley, BC  
Website: [www.knska-karate.com](http://www.knska-karate.com)  
Contact: [knska.karate@gmail.com](mailto:knska.karate@gmail.com); 604-513-3804  
Sensei: Ali Najafi



## Maple Ridge

### Westcoast Shotokan

Address: Whonnock Lake Centre, 27871 – 113 Avenue, Maple Ridge, BC  
Website: [www.westcoastshotokan.com](http://www.westcoastshotokan.com)  
Contact: Lee Rego [info@westcoastshotokan.com](mailto:info@westcoastshotokan.com); 778-232-1704  
Sensei: Gary Johnson

## Mission

### Mission Isshin-Ryu Karate Club

Address: Mission Park & Recreation Centre, 33100 10<sup>th</sup> Avenue, Mission, BC  
Website: [www.thewholeheartway.com/Mission\\_Isshin-Ryu\\_Karate/Welcome.html](http://www.thewholeheartway.com/Mission_Isshin-Ryu_Karate/Welcome.html)  
Contact: [petermotut@shaw.ca](mailto:petermotut@shaw.ca); 604-826-2020  
Sensei: Peter Motut

## Port Coquitlam

### PoCo Torakai Karate Club

Address: 2311 Whyte Avenue, Port Coquitlam, BC  
Contact: [andrew.knightsbridge@shaw.ca](mailto:andrew.knightsbridge@shaw.ca); 604-725-7672  
Sensei: Andy Holmes

### Top Karate – Port Coquitlam

Address: Central School, 2260 Central Avenue, Port Coquitlam, BC  
Website: [topkarate.ca](http://topkarate.ca)  
Contact: [karatemac67@gmail.com](mailto:karatemac67@gmail.com); 604-652-4774  
Sensei: Warren MacLean

### Westwood Goju-Ryu

Address: #104 – 1730 Coast Meridian Road, Port Coquitlam, BC  
Website: [www.westwoodkarate.com](http://www.westwoodkarate.com)  
Contact: [bpurves@hotmail.com](mailto:bpurves@hotmail.com); 778-772-4342  
Sensei: Brian Purves

## Surrey

### Elite Karate Academy Surrey

Address: 12780 – 80<sup>th</sup> Avenue, Surrey, BC  
Contact: [shaun\\_dhillon@hotmail.com](mailto:shaun_dhillon@hotmail.com); 604-613-7789  
Sensei: Shaun Dhillon

### South Surrey Karate Club

Address: Pacific Heights Elementary School, 17148 26<sup>th</sup> Avenue, Surrey, BC  
Contact: Chris Millard; [fmillard@telus.net](mailto:fmillard@telus.net); 604-536-6372  
Sensei: Andrew Statz

### Surrey YMCA Shotokan Karate Club

Address: T. Louie Family YMCA, 14988 57<sup>th</sup> Avenue, Surrey, BC  
Website: [www.iskfcanda.ca/bc.html](http://www.iskfcanda.ca/bc.html)  
Contact: [rlashin@houle.ca](mailto:rlashin@houle.ca); 778-839-1000  
Sensei: Robert Lashin

## **White Rock**

### **White Rock Gima-ha Shotokan-Ryu**

Address: White Rock Elks Club, 1469 George Street, White Rock, BC  
Website: [www.gima-ha.ca/white-rock.html](http://www.gima-ha.ca/white-rock.html)  
Contact: Christina Krack: [nina.maria.k@hotmail.com](mailto:nina.maria.k@hotmail.com); 604-360-8826  
Sensei: Takayuki Sameshima

## **Fraser River – Delta (Zone 4)**

### **Burnaby**

#### **Burnaby Chito-Ryu**

Address: Edmonds Community Centre, 7282 Kingsway -and-  
Bonsor Recreation Centre, 6550 Bonsor Ave, Burnaby, BC  
Website: [http://www.chitoryuyuseikan.com/karate\\_home.php](http://www.chitoryuyuseikan.com/karate_home.php)  
Contact: [robllee@hotmail.com](mailto:robllee@hotmail.com); 604-931-6253  
Sensei: Robert Lee

#### **Burnaby Karate Academy**

Address: Kensington Complex, 6159 Curtis Street, Burnaby, BC  
Website: [www.burnaby-karate.com](http://www.burnaby-karate.com)  
Contact: [sandegill@yahoo.ca](mailto:sandegill@yahoo.ca); 604-787-4568  
Sensei: Sandeep Gill

#### **Burnaby Karate Club**

Address: Cameron Recreation Centre, 9523 Cameron Street, Burnaby, BC  
Contact: [jjohnson045@gmail.com](mailto:jjohnson045@gmail.com); 604-760-2391  
Sensei: James Johnson

#### **Burnaby Mountain Karate**

Address: Charles Rummel Recreation Centre, 3630 Lozells Avenue, Burnaby, BC  
Contact: [bbymntkarate@gmail.com](mailto:bbymntkarate@gmail.com); 604-761-7109  
Sensei: Junya Yamamura

#### **Guseikai Karate Club**

Address: Kitchener Elementary School, 1351 South Gilmore Avenue -and-  
Willingdon Heights Community Centre, 1491 Carleton Avenue, Burnaby, BC  
Website: [www.guseikaikarate.com](http://www.guseikaikarate.com)  
Contact: [info@guseikaikarate.com](mailto:info@guseikaikarate.com); 778-877-3147  
Sensei: Bob Mooney

#### **Nikkei Karate**

Address: National Nikkei Heritage Centre, 6688 Southoaks Crescent, Burnaby, BC  
Contact: [nikkeikarate@gmail.com](mailto:nikkeikarate@gmail.com)  
Sensei: Mert Horita

#### **Shotokan Karate-Do, Yoi Seishin Dojo**

Address: Surges Fitness Centre, BC Hydro, 6911 Southpoint Drive, Burnaby, BC  
Website: [www.shotokan-yoiseishin.com/Home.html](http://www.shotokan-yoiseishin.com/Home.html)  
Contact: [yoiseishin@gmail.com](mailto:yoiseishin@gmail.com); 604-319-3618  
Sensei: Danny Mathiasen

## **Delta**

### **Delta Karate School**

Address: 6429 - 68<sup>th</sup> Street, Delta, BC  
Website: [www.user.dccnet.com/cling/DKSindex.htm](http://www.user.dccnet.com/cling/DKSindex.htm)  
Contact: [lingcheng@dccnet.com](mailto:lingcheng@dccnet.com); 604-599-8862  
Sensei: Dr. Rassamee Ling

### **Ladner Goju-Ryu Karate**

Address: Fishermen's Co-op Hall, 4481 Savoy Street, Delta, BC  
Contact: [ambi888@shaw.ca](mailto:ambi888@shaw.ca); 778-888-7888  
Sensei: Gitar Singh

### **Ladner Shito-Ryu Karate**

Address: Oddfellows Hall, 5425 Ladner Trunk Road, Delta, BC  
Contact: [ladnerkarate@gmail.com](mailto:ladnerkarate@gmail.com)  
Sensei: Mert Horita

### **Shudokan Delta**

Address: 5885 64<sup>th</sup> Street, Delta, BC  
Website: [www.shudokan.ca/home.shtml](http://www.shudokan.ca/home.shtml)  
Contact: [aubinmcilwrath@hotmail.com](mailto:aubinmcilwrath@hotmail.com); 778-829-4677  
Sensei: Toshiaki Nomada, Gordon Freeborn

## **New Westminster**

### **LM Renshikan Karate**

Address: 627 Columbia Street (Bamboo Yoga Wellness), New Westminster, BC  
Contact: [reshikan@shaw.ca](mailto:reshikan@shaw.ca); 604-756-1038  
Sensei: Peter Akutagawa

## **Richmond**

### **Canada Shoseikan - Richmond Oval**

Address: Richmond Olympic Oval, 6111 River Road, Richmond, BC  
Website: [www.shoseikan.com/html/oval.html](http://www.shoseikan.com/html/oval.html)  
Contact: [info@shoseikan.com](mailto:info@shoseikan.com); 604-998-8777  
Sensei: Henry Chan

### **Richmond Sei Bu Kai**

Address: Hamilton Community Centre, 5140 Smith Drive, Richmond, BC  
Contact: [vancouverseiwakai@hotmail.com](mailto:vancouverseiwakai@hotmail.com); 778- 552-4668  
Sensei: Alan Chan

### **Shito-Ryu International, Richmond Dojo**

Address: Cambie Community Centre, 411 Jacombs Road; -and-  
Sea Island Elementary School, 1891 Wellington Crescent, Richmond, BC  
Contact: [wchung@karatekobudo.com](mailto:wchung@karatekobudo.com); 6044-266-0737  
Sensei: William Chung

### **Steveston Karate Club**

Address: Steveston Martial Arts Centre, 4111 Moncton Street, Richmond, BC  
Website: [www.uchiage-kai.com](http://www.uchiage-kai.com)  
Contact: [steveston\\_karate\\_club@hotmail.com](mailto:steveston_karate_club@hotmail.com); 604-272-4660  
Sensei: Takeshi Uchiage

### **Thompson Karate Club**

Address: Thompson Community Centre, 5151 Granville Avenue, Richmond, BC  
Contact: [thats39toffee@hotmail.com](mailto:thats39toffee@hotmail.com); 778-228-4391  
Sensei: Toshihide Uchiage

## **Vancouver – Squamish (Zone 5)**

### **North Vancouver**

#### **Hinode Shotokan Karate Club**

Address: St. Catherine's Anglican Church, 1058 Ridgewood Drive, North Vancouver, BC  
Website: [www.hinodekarate.ca](http://www.hinodekarate.ca)  
Contact: [info@hinodekarate.ca](mailto:info@hinodekarate.ca); 604-340-3319  
Sensei: Krister Naab

#### **Mountain Karate Association**

Address: Queensbury Elementary School, 2020 Moody Avenue, North Vancouver, BC  
Contact: [auanthony@yahoo.com](mailto:auanthony@yahoo.com); 604-831-7766  
Sensei: Anthony Au

#### **North Vancouver Shidokan**

Address: St. Pius the X Parish, 1150 Mt. Seymour Road, North Vancouver, BC  
Website: [jkavan.com/FirstP.HTM](http://jkavan.com/FirstP.HTM)  
Contact: [jmdoh@telus.net](mailto:jmdoh@telus.net); 604-710-1988  
Sensei: Michael Doherty

#### **Tiger's Eye Karate-Do North Vancouver**

Address: 1803 Welch Street, North Vancouver, BC  
Website: [www.tigerseyekaratedo.com](http://www.tigerseyekaratedo.com)  
Contact: [hamidkarate@hotmail.com](mailto:hamidkarate@hotmail.com); 604-765-9746  
Sensei: Hamid Tarighatbin

### **Roberts Creek**

#### **Kaigan Karate-Do**

Address: Tread Lightly Hall, 1164 Roberts Creek Road, Roberts Creek, BC  
Contact: [rckarate@gmail.com](mailto:rckarate@gmail.com); 604-399-9255  
Sensei: Dallas Grieve

### **Vancouver**

#### **Arbutus Club Shito-Ryu International Karate-Do**

Address: Arbutus Club, 2001 Nanton Street, Vancouver, BC  
Website: [www.karatekobudo.com/karate/profiles/achung.htm](http://www.karatekobudo.com/karate/profiles/achung.htm)  
Contact: [wchung@karatekobudo.com](mailto:wchung@karatekobudo.com); 604-266-0737  
Sensei: Alice Chung

**BC Kyokushinkai**

Address: Jewish Community Centre of Greater Vancouver, 950 West 41<sup>st</sup> Ave, Vancouver, BC  
Website: [www.bckyokushin.com](http://www.bckyokushin.com)  
Contact: [phucul@dccnet.com](mailto:phucul@dccnet.com); 604-780-1779  
Sensei: Paul Hucul

**Canada Shoseikan - Vancouver**

Address: Marpole Scout Hall, 703 West 70<sup>th</sup> Avenue, Vancouver, BC  
Website: [www.shoseikan.com/html/marople.html](http://www.shoseikan.com/html/marople.html)  
Contact: [info@shoeikan.com](mailto:info@shoeikan.com); 604-998-8777  
Sensei: Henry Chan

**Hayabusa Karate Club**

Address: Billy Bishop Legion, 1807 Laburnum Street, Vancouver, BC  
Website: [www.hayabusakarate.com](http://www.hayabusakarate.com)  
Contact: [hayabusakarate@gmail.com](mailto:hayabusakarate@gmail.com); 604-831-3965  
Sensei: Valentyna Zolotorova

**Kimeru Shotokan Karate**

Address: 8167 Main Street, (near 64<sup>th</sup> Avenue) Vancouver, BC  
Website: [www.kimerukarate.com](http://www.kimerukarate.com)  
Contact: [brian.james@kimerukarate.com](mailto:brian.james@kimerukarate.com); 604-831-7882  
Sensei: Brian James

**Kingsway Shito-Ryu**

Address: 3465 Kingsway, Vancouver, BC  
Website: [www.vancouverkarate.com](http://www.vancouverkarate.com)  
Contact: [kaz@hokencanada.com](mailto:kaz@hokencanada.com) ; 604-430-4237  
Sensei: Kaz Hashimoto & Mark Stacey

**Kowakan Karate-Do**

Address: Hillcrest Community Centre, 4575 Clancy Loranger Way, Vancouver, BC  
-and- 1680 West 6<sup>th</sup> Avenue, Vancouver, BC  
Website: [www.kowakan.com/karatedo-3/karate-do](http://www.kowakan.com/karatedo-3/karate-do)  
Contact: [info@kowakan.com](mailto:info@kowakan.com); 604-230-0161  
Sensei: Mario McKenna

**Langara Shotokan Karate Club**

Address: Langara Family YMCA, 282 West 49th Avenue, Vancouver, BC  
Website: [www.dskdojo.com/dskdojo/dojos/langara-dojo](http://www.dskdojo.com/dskdojo/dojos/langara-dojo)  
Contact: [danleung@telus.net](mailto:danleung@telus.net); 604-434-7053  
Sensei: Danny Leung

**Metro Renshikan Karate-Do**

Address: Call for more information, Vancouver, BC  
Contact: [mellor1@telus.net](mailto:mellor1@telus.net); 604-263-9090  
Sensei: Kevin Mellor

**Mount Pleasant Seiwa Kai**

Address: 1 Kingsway, Vancouver, BC  
Contact: [vancouverseiwakai@hotmail.com](mailto:vancouverseiwakai@hotmail.com); 778-552-4668  
Sensei: Alan Chan

**Pacific Spirit Wado Kai**

Address: Dunbar Heights United Church, 3525 West 24<sup>th</sup> Avenue, Vancouver, BC  
Website: [www.canadajkwadokai.org/dojo/pacific-spirit-wadokai](http://www.canadajkwadokai.org/dojo/pacific-spirit-wadokai)  
Contact: [marta22@shaw.ca](mailto:marta22@shaw.ca); 604-224-5522  
Sensei: Lawrence Liang

**School of Kyokushin Karate**

Address: 180 West Georgia Street, Georgia Athletic Club, Vancouver, BC  
Website: [www.kyokushinkan.ca](http://www.kyokushinkan.ca)  
Contact: [info@kyokushinkan.ca](mailto:info@kyokushinkan.ca); 604-681-0083  
Sensei: Hamid Asna-Ashari

**Shudokan East Vancouver**

Address: Grandview Elementary School, 2055 Woodland Drive, Vancouver, BC  
Website: [www.shudokan.ca/home.shtml](http://www.shudokan.ca/home.shtml)  
Contact: [aubinmcilwrath@hotmail.com](mailto:aubinmcilwrath@hotmail.com); 778-829-4677  
Sensei: Toshiaki Nomada, Gordon Freeborn

**Tiger's Eye Karate-Do Yaletown**

Address: Roundhouse Community Centre, 181 Roundhouse Mews, Vancouver, BC  
Website: [www.tigerseyekaratedo.com](http://www.tigerseyekaratedo.com)  
Contact: [hamidkarate@hotmail.com](mailto:hamidkarate@hotmail.com); 604-765-9746  
Sensei: Hamid Tarighatbin

**UBC Shito-Ryu Seikokai Karate Club**

Address: UBC Student Union Building (2<sup>nd</sup> Floor), 6138 Student Union Boulevard, Vancouver, BC  
Website: [karateubc.tumblr.com](http://karateubc.tumblr.com)  
Contact: [karateubc@gmail.com](mailto:karateubc@gmail.com); 778-245-8664  
Sensei: Mike Nakatsu

**Vancouver Martial Arts Academy**

Address: Hillcrest Centre, 4575 Clancy Loranger Way, Vancouver, BC  
Contact: Joshua Hensman; [info@vmaa.ca](mailto:info@vmaa.ca); 778-991-2757  
Sensei: Mario Schiopu

**Vancouver Seiwa-Kai**

Address: Renfrew Community Centre, 2929 East 22<sup>nd</sup> Avenue, Vancouver, BC  
Website: [www.seiwakaicanada.com/Dojos%20&%20Instructors.htm](http://www.seiwakaicanada.com/Dojos%20&%20Instructors.htm)  
Contact: [vancouverseiwakai@hotmail.com](mailto:vancouverseiwakai@hotmail.com); 778-552-4668  
Sensei: Alan Chan

### **Vancouver Shito-Ryu Seiko-Kai**

Address: Peretz Centre, 6184 Ash Street, Vancouver, BC  
Website: [www.shitoryu.net/html/branchclubs.html](http://www.shitoryu.net/html/branchclubs.html)  
Contact: Rosella Ng; [communications@shitoryu.net](mailto:communications@shitoryu.net); 604-321-1815  
Sensei: Akira Sato

### **West River Karate**

Address: Sunset Community Centre, 6810 Main Street, Vancouver, BC  
Website: [www.westriverkarate.com/index.html](http://www.westriverkarate.com/index.html)  
Contact: [leah@westriverkarate.com](mailto:leah@westriverkarate.com); 778-839-4185  
Sensei: Kenny Lim

## **West Vancouver**

### **Hollyburn Karate Club**

Address: Hollyburn Country Club, 950 Crosscreek Road, West Vancouver, BC  
Website: [www.hollyburn.org](http://www.hollyburn.org)  
Contact: [karate@hollyburn.org](mailto:karate@hollyburn.org); 604-922-0161  
Instructor: Peter Stoddart

### **Vancouver Shotokan – West Vancouver**

Address: Gleneagles Community Centre, 6262 Marine Drive; -and-  
West Vancouver Community Centre, 2121 Marine Drive, West Vancouver, BC  
Contact: [vanshoto@telus.net](mailto:vanshoto@telus.net); 604-925-7270  
Sensei: Rick Chernoff

## **Whistler/Squamish**

### **Pemberton Karate Club**

Address: Signal Hill Elementary School, 1410 Portage Road, Pemberton/Whistler, BC  
Website: [www.shitoryukarate.ca](http://www.shitoryukarate.ca)  
Contact: [tewinkel@explornet.ca](mailto:tewinkel@explornet.ca); 604-452-2364  
Sensei: Wim Tewinkel

### **Seiwa Kai Squamish Karate Club**

Address: Brennan Park Recreation Centre, 1009 Centennial Way, Squamish, BC  
Website: [seiwakaisquamish.ca](http://seiwakaisquamish.ca)  
Contact: Shane Morrow; [secretary@seiwakaisquamish.ca](mailto:secretary@seiwakaisquamish.ca); 604-815-4571  
Sensei: Shane Morrow

## **Vancouver Island – Central Coast (Zone 6)**

### **Campbell River**

#### **Campbell River Shito-Ryu**

Address: #5 – 1040 9<sup>th</sup> Avenue, Campbell River, BC  
Website: [www.shito-ryu.ca](http://www.shito-ryu.ca)  
Contact: [roytip@hotmail.com](mailto:roytip@hotmail.com); 250-203-0134  
Sensei: Roy Tippenhauer

### **Campbell River Wado Karate**

Address: 450 Merecroft Road, Campbell River, BC  
Website: [www.crwado.ca](http://www.crwado.ca)  
Contact: [wallis\\_d@telus.net](mailto:wallis_d@telus.net); 250-923-3916  
Sensei: Dan Wallis

### **North West Shito-Kai**

Address: #6 – 2204 South Island Highway, Campbell River, BC  
Website: [www.nwskkarate.com](http://www.nwskkarate.com)  
Contact: [nwsk@shawbiz.ca](mailto:nwsk@shawbiz.ca); 778-420-3656  
Sensei: Nigel Nikolaisen

### **Comox**

#### **Comox Valley Shito-Ryu**

Address: Brooklyn Elementary School, 1475 Noel Avenue, Comox, BC  
Website: [www.shitoryu.net/html/branchclubs.html](http://www.shitoryu.net/html/branchclubs.html)  
Contact: [courtenaykarate@telus.net](mailto:courtenaykarate@telus.net); 250-338-9722  
Sensei: Brenda Bombini & Todd Robertson

### **Courtenay**

#### **Courtenay Shito-Ryu**

Address: Courtenay Recreation Association, Lewis Park, 489 Old Island Hwy., Courtenay, BC  
Website: [www.shitoryu.net/html/branchclubs.html](http://www.shitoryu.net/html/branchclubs.html)  
Contact: [courtenaykarate@telus.net](mailto:courtenaykarate@telus.net); 250-338-9722  
Sensei: Todd Robertson & Brenda Bombini

### **Duncan**

#### **Fernando Correia School of Karate**

Address: Island Savings Centre, 2687 James Street, Duncan, BC  
Website: [www.karatebc.com](http://www.karatebc.com)  
Contact: [fcorreia.karate@hotmail.com](mailto:fcorreia.karate@hotmail.com); 250-748-9111  
Sensei: Fernando Correia

### **Langford**

#### **West Shore Kimura Shukokai**

Address: Room 215 – 1089 Langford Parkway, Langford, BC  
Website: [www.shukokai-canada.com/locations/west-shore-dojo](http://www.shukokai-canada.com/locations/west-shore-dojo)  
Contact: [westshorekarate@gmail.com](mailto:westshorekarate@gmail.com); 250-889-3343  
Sensei: Rob Walker

### **Nanaimo**

#### **Nanaimo Renshikan Shito Ryu**

Address: 1644 MacMillan, Nanaimo, BC  
Website: [www.nanaimokarate.com](http://www.nanaimokarate.com)  
Contact: [jayamamura@shaw.ca](mailto:jayamamura@shaw.ca); 250-714-2849  
Sensei: John Yamamura



### **Nanaimo Shotokan Karate-Do**

Address: Uplands Park Elementary School, 3821 Stronach Drive, Nanaimo, BC  
Contact: Cindy Beaulieu; [nska2011@hotmail.com](mailto:nska2011@hotmail.com); 250-585-4771  
Sensei: Nairn Semple

### **Shima Karate School - Nanaimo**

Address: #7 – 4286 Departure Bay Road, Nanaimo, BC  
Website: [www.shimakarate.com](http://www.shimakarate.com)  
Contact: [nanaimo@shimakarate.com](mailto:nanaimo@shimakarate.com); 250-756-1055  
Sensei: Kurt Nordli

## **Pender Island**

### **Pender Island Shotokan Karate**

Address: Pender Island Elementary School, 5714 Canal Road, Pender Island, BC  
Contact: [wayne.f.mcnaab@gmail.com](mailto:wayne.f.mcnaab@gmail.com); 250-629-6804  
Sensei: Wayne McNab

## **Sooke**

### **Sooke Kimura Shukokai Karate**

Address: Saseenos Elementary School, 6066 Sooke Road; -and-  
Shirley Community Hall, 2795 Sheringham Point Road, Sooke, BC  
Website: [www.shukokai-canada.com/locations/sooke-shirley-doj](http://www.shukokai-canada.com/locations/sooke-shirley-doj)  
Contact: [sookeshukokai@live.com](mailto:sookeshukokai@live.com); 250-642-4631  
Sensei: Alida Ensil

## **Victoria**

### **CASK Shiai Karate School**

Address: James Bay Community Centre, 140 Oswego Street, Victoria, BC  
Website: [www.facebook.com/CASKKarateVictoria?filter=3](http://www.facebook.com/CASKKarateVictoria?filter=3)  
Contact: [ericheichhorn@shaw.ca](mailto:ericheichhorn@shaw.ca); 250-744-3374  
Sensei: Erich Eichhorn

### **Kenzen Sports Karate**

Address: Saint Vincent De Paul's Ozanam Centre, 4349 West Saanich Road, Victoria, BC  
Website: <http://www.kenzensportskarate.com/>  
Contact: [contact@kenzensportskarate.com](mailto:contact@kenzensportskarate.com); 250-385-3570  
Sensei: Richard Mosdell and Kraig Devlin

### **Kimura Shukokai Karate**

Address: Brentwood Bay Community Hall, 7082 Wallace Drive, Brentwood Bay, Victoria, BC  
Website: [www.shukokai-canada.com/locations/brentwood-bay-doj](http://www.shukokai-canada.com/locations/brentwood-bay-doj)  
Contact: [adminshukokai@shaw.ca](mailto:adminshukokai@shaw.ca); 250-655-8218  
Sensei: David Bentley

### **University of Victoria Shotokan**

Address: University of Victoria, McKinnon Complex, Apparatus Gym, Victoria, BC  
Contact: [moore\\_jessica@hotmail.com](mailto:moore_jessica@hotmail.com); 250-370-5978  
Sensei: Jessica Moore

### **Victoria Meibukan Karate Club**

Address: Braefoot Community Assoc., 1359 McKenzie Avenue, Victoria, BC  
Website: [www.facebook.com/VictoriaMeibukan](http://www.facebook.com/VictoriaMeibukan)  
Contact: [victoria.meibukan@gmail.com](mailto:victoria.meibukan@gmail.com); 778-350-9953  
Sensei: Alexander Mackie

### **Victoria Renshikan Karate**

Address: Saanich Commonwealth Pool, 4636 Elk Lake Drive, Victoria, BC  
Website: [www.vrkarate.com](http://www.vrkarate.com)  
Contact: [info@vrkarate.com](mailto:info@vrkarate.com); 250-920-6797  
Sensei: Maurino Ruperto

### **Victoria Shito-Ryu Seiko Kai**

Address: Burnside Lawn Bowling Club, 274 Hampton Road, Victoria, BC  
Website: [victoria.bc.shitoryu.ca](http://victoria.bc.shitoryu.ca)  
Contact: [cabinetree@shaw.ca](mailto:cabinetree@shaw.ca); 250-383-6903  
Sensei: James McCarthy

### **Victoria Shotokan Karate Club**

Address: CFB Esquimalt, Naden Gym, 2610 Roseband Road, Victoria, BC  
Contact: [cfb.esq.karate@gmail.com](mailto:cfb.esq.karate@gmail.com); 250-642-7197  
Sensei: Michael Maxwell and Guido Arnaud

### **Victoria Yuishinkai & Ryukyu Kobujutsu**

Address: Ecole Brodeur Multipurpose Room, 637 Head Street, Victoria, BC  
Website: [www.yuishin.ca](http://www.yuishin.ca)  
Contact: [pzehr@uvic.ca](mailto:pzehr@uvic.ca); 250-658-5619  
Sensei: E. Paul Zehr

## **North West (Zone 7)**

### **Kitimat**

#### **Kitimat Karate Club**

Address: St. Anthony's School, 1750 Nalabila Boulevard, Kitimat, BC  
Website: [www3.telus.net/kkc/Karate/index.htm](http://www3.telus.net/kkc/Karate/index.htm)  
Contact: [kitimatkarateclub@gmail.com](mailto:kitimatkarateclub@gmail.com); 250-639-9322  
Sensei: Paul Silvestre

### **Queen Charlotte**

#### **Haida Gwaii Shito-Ryu**

Address: Hillside 701 Highway 33, Queen Charlotte, BC  
Website: [www.hgrec.com/registered-programs/shito-ryu-children-and-youth-karate](http://www.hgrec.com/registered-programs/shito-ryu-children-and-youth-karate)  
Contact: [dev\\_bradley@hotmail.com](mailto:dev_bradley@hotmail.com); 250-559-0073  
Sensei: Deavlan Bradley

### **Port Simpson**

#### **Lax Kw' Alaams Karate Club**

Address: Coast Tsimshian Academy, Port Simpson, BC  
Contact: [kokoro@citytel.net](mailto:kokoro@citytel.net); 250-624-9851  
Sensei: Wade Wilkins

## **Prince Rupert**

### **Prince Rupert Karate Club**

Address: Fisherman's Hall, 869 Fraser Street, Prince Rupert, BC  
Website: [www.princerupertkarate.wordpress.com](http://www.princerupertkarate.wordpress.com)  
Contact: [kokoro@citytel.net](mailto:kokoro@citytel.net); 250-624-9851  
Sensei: Wade Wilkins

## **Cariboo – North East (Zone 8)**

### **Fort St. John**

#### **Northern Rockies Karate-Do: Fort St. John**

Address: Duncan Cran Elementary School, 8130 89<sup>th</sup> Avenue, Fort St. John, BC  
Contact: [chitoryukarate@gmail.com](mailto:chitoryukarate@gmail.com); 250-401-1130  
Sensei: Jason Farquharson

### **Hudson's Hope**

#### **Northern Rockies Karate-Do: Hudson's Hope**

Address: Pearkes Center, 10801 Dudley Drive, Hudson's Hope, BC  
Contact: [chitoryukarate@gmail.com](mailto:chitoryukarate@gmail.com); 250-401-1130  
Sensei: Jason Farquharson

### **Prince George**

#### **Nechako Karate Club**

Address: Prince George Martial Arts Centre, 1175 Village Avenue, Prince George, BC  
Website: [www.pgwadokarate.ca](http://www.pgwadokarate.ca)  
Contact: [kanjan6@telus.net](mailto:kanjan6@telus.net); 250-562-7087  
Sensei: Ken Corrigan

#### **Northern Rockies Karate-Do: Prince George**

Address: Zion Lutheran Church - 180 Tabor Blvd. South, Prince George, BC  
Contact: [chitoryukarate@gmail.com](mailto:chitoryukarate@gmail.com); 250-401-1130  
Sensei: Jason Farquharson

### **Tumbler Ridge**

#### **Northern Rockies Karate-Do: Tumbler Ridge**

Address: Tumbler Ridge Elementary School, P.O. Box 700, Tumbler Ridge, BC  
Contact: [chitoryukarate@gmail.com](mailto:chitoryukarate@gmail.com); 250-401-1130  
Sensei: Jason Farquharson