

# Canadian Sport Institute Pacific and Karate BC Athlete and Coach Nomination Criteria

Criteria Approved: [July 17th, 2024]

| CSI Pacific<br>Representative           | Nicole Jenicek | Nicole Jenicek | 07/02/2024           |
|---|----------------|----------------|----------------------|
|   | Name           | Signature      | Date<br>(MM/DD/YYYY) |
| Sport<br>Organization<br>Representative | Julie Zilber   | Rich           | 07/02/2024           |
|   | Name           | Signature      | Date<br>(MM/DD/YYYY) |

#### **PURPOSE**

Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and Karate BC, collaborates to deliver programs and services to place BC athletes<sup>1</sup> on national teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process with which to identify athletes and coaches within the Karate BC high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeted pathway seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Sport Canada AAP Carded nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent the current generation of national team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic or World Championship medallists.



Figure 1 – Podium Pathway (LTAD 3.0)

<sup>&</sup>lt;sup>1</sup> A BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three (3) months in a twelve (12) month period) in British Columbia.

#### **DETAILS**

Through the above partnership, and with the above purpose in mind, Karate BC may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach enrollment. Upon completion of enrollment and onboarding, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute / PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please see Appendix A for an outline of Karate BC targeted athlete benefits, programs, and services as delivered through Karate BC.

Targeted athletes are nominated by Karate BC based on the athlete criteria below. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward Karate BC high performance program benchmarks to remain targeted. Julie Zilber – HPC Chair and the Canadian Sport Institute technical lead working with Karate BC, Nicole Jenicek have the final authority over the Canadian Sport Institute nomination process. Any inquiries regarding the sport-specific selection criteria can be made to Julie Zilber at hpc@karatebc.org.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / Karate BC targeting runs August 1<sup>st</sup> – July 31<sup>st</sup> annually, and athletes are selected based on performances from the previous 12 months. Athletes meeting criteria throughout the annual nomination cycle may be added to the Karate BC targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative Julie Zilber at hpc@karatebc.org.

#### ATHLETE/COACH ENROLLMENT

Once the athlete or coach is nominated, they will be notified by Canadian Sport Institute / Pacific Sport (CSI Pacific) and will be provided with information on how to enroll. All athletes and coaches must enroll with CSI Pacific in order to receive athlete or coach supports and benefits.

#### CORE CRITERIA

- 1. For PSO/DSO nominations, athletes must be considered in good standing at the discretion of the PSO/DSO with Karate BC as a competitive athlete and meet the definition of a BC athlete.
- 2. All athletes nominated should have a designated coach who is responsible for planned programming. Specific coach criteria must be identified under coach nominations
- 3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on Karate BC's nomination list at the discretion of the PSO/DSO when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred AND;
  - b. The athlete in question was nominated by Karate BC in the previous 24 months.

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#### LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the Karate BC sport-specific criteria. Both the Canadian Sport Institute criteria and the Karate BC sport-specific criteria are described in detail below. See Appendix A for a summary of the Karate BC sport-specific Carding criteria.

#### **Sport Canada AAP Carded**

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.
  - It is the responsibility of Karate BC to consult with the NSO, identifying and nominating any Sport Canada AAP Carded athletes in the province of British Columbia.

#### **Canadian Development**

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway OR;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile) and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events within 24 months and verified by the NSO.

Karate BC Sport-Specific Criteria:

 Member of the Senior National Team, not Sport Canada Carded or funded, and named to a World Karate Federation (WKF) sanctioned event on Senior Team Canada in the past 24 months\*

OR

1st Place Finish in a Senior category at the National Championships within the past 24 months.
 (Qualification events are based on the Karate Canada Selection Criteria which may differ year to year.

\*2023-24 Senior National Team Criteria

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#### **Provincial Development Level 1**

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
  - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) AND;
  - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined

Provincial Development Level One and Two) AND;

- Competed at the appropriate<sup>2</sup> age group or junior world championships in an eligible event (or equivalent international developmental event) in the previous 24 months OR;
- Won a medal in an eligible event at their sport-specific national senior/open, appropriate<sup>2</sup> age group or junior championships (or equivalent level of performance standard) in the previous 24 months.

Karate BC Sport-Specific Criteria:

• Athletes who have trained a minimum of 100 hours in the previous 12 months

AND

 Athletes who have participated in all mandatory BC Team events unless exempted (see BC Team Handbook)

AND

• Athletes who have not already qualified as Canadian Development

AND at least one of the following:

 Podium finish at the previous Junior Pan-American Championships OR Junior World Championships in a Junior (16-17) or U21 (18-20) category.

OR

• Podium finish in a Senior category at the last National Championships.

OR

 Member of the National Team in a Junior (16-17), U21 (18-20), or Senior category in the past 24 months

OR

• National status from the previous year in Junior (16-17) or U21 (18-20), but have aged out of their category, as verified by the NSO.

\*2023-2024 Junior National Team Criteria

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#### **Provincial Development Level 2**

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development One according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
  - o Meet specific performance-based benchmarks in accordance with an overall athlete

<sup>&</sup>lt;sup>2</sup> Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

monitoring and tracking framework (utilizing Gold Medal Profile) AND;

- Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) AND;
- Competed in an eligible event at the appropriate<sup>2</sup> age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
- Won a medal in an eligible event at their appropriate<sup>2</sup> age group provincial championships in the previous 12 months,

#### Karate BC Sport-Specific Criteria

- Athletes who do not meet Provincial Level 1 and Canadian Development eligibility AND
  - Athletes who have participated in all mandatory BC Team events unless exempted (see BC Team Handbook)

AND

Athletes who do not meet Provincial Level 1 and Canadian Development eligibility

AND at least one of the following:

 Top 2 ranked Senior, U21 (18-20), or Junior (16/17) Male/Female Athletes in their category on Overall Rankings in the Karate BC Ranking System.\*

OR

 Member of the National Team in a U14 (12-13) category or a Cadet (14-15) category in the past 12 months

OR

1st Place finish in their category at the Provincial Championships

OR

 Top 1 ranked Cadet (14-15yrs) and Youth (12-13yrs) Male/Female Athletes in their category on Overall Rankings in the Karate BC Ranking System\*

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#### **Coach Nomination**

Canadian Sport Institute Criteria:

Coaches are nominated when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches who meet at least one of the following criteria:

Be the lead person designing and implementing an annual training program for the athlete.

Be designated as Provincial or Regional coach by the PSO/DSO.

Be designated as a National Development / Senior National coach by the NSO.

<sup>\*</sup>See Appendix B for the 2024-25 Karate BC Points Ranking Table.

Be designated as athlete's coach of record based on sport-specific criteria below. •

Be actively working towards the NCCP Comp Dev Trained status.

Karate BC Sport-Specific Criteria:

Be a member of Karate BC in good standing

#### AND

• Have completed NCCP Competition Introduction coaching course

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# Appendix A Summary of KBC Sport-Specific Carding Criteria for Athletes

#### **Basic Carding Criteria for all Athletes**

To be carded, athletes at all levels must

- Meet the Canadian Sport Institute Criteria set out above
- Have participated in all mandatory BC Team events unless exempted (see BC Team Handbook) Have trained a minimum of 100 hours in the past 12 months
- Be a Karate BC Member in good standing

### Additional Carding Criteria Based on Age Category

Based on the age category in which they competed, athletes will qualify for carding at Canadian Development, Provincial Development 1, or Provincial Development 2 based on the criteria set out below.

| Senior Athletes                    |   |
|------------------------------------|---|
| Canadian<br>Development<br>Carding | Athletes who meet the Canadian Sport Institute criteria set out on page 4, above, and achieve one of the following:   |
|                                    | Member of the Senior National Team, not Sport Canada Carded or funded, and named to a World Karate Federation (WKF) sanctioned event on Senior Team Canada in the past 24 months* |
|                                    | 1st Place Finish in a Senior category at the National Championships within the past 24 months   |

| Provincial<br>Development 1 | Athletes who do not qualify for Canadian Development, meet the Canadian Sport Institute criteria set out on page 5, above, and achieve one of the following: |
|-----------------------------|--|
|                             | Member of the National Team in a Senior category in the past 24 months   |
|                             | Podium finish other than 1 <sup>st</sup> place in a Senior category at the 2024<br>National Championships  |

| Provincial<br>Development 2 | Athletes who do not qualify for Canadian Development or Provincial Development 1, meet the Canadian Sport Institute criteria set out on page 6, above, and achieve one of the following: |
|-----------------------------|--|
|                             | 1 <sup>st</sup> place in their category at 2024 Provincial Championships   |
|                             | Number 1 or 2 ranked Senior athlete in their category based on overall rankings in the Karate BC Ranking system (see Appendix B below).  |

\*2023-24 Senior National Team Criteria

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## **U21 Athletes**

| OZ I Atilietes              |   |
|-----------------------------|---|
| Provincial<br>Development 1 | Athletes who meet the Canadian Sport Institute criteria set out on page 5, above, and achieve one or more of the following: |
|                             | Member of the National Team in a U21 category in the past 24 months*  |
|                             | Podium finish at the previous Junior Pan-American Championships OR Junior World Championships in U21 (18-20) category.      |
|                             | National status from the previous year in U21 (18-20), but have aged out of their category, as verified by the NSO          |

| Provincial<br>Development 2 | Athletes who do not qualify for Provincial Development 1, meet the Canadian Sport Institute criteria set out on page 6, above, and and who achieve one or more of the following: |
|-----------------------------|--|
|                             | 1 <sup>st</sup> place in their category at 2024 Provincial Championships   |
|                             | Number 1 or 2 top ranked U21 athlete in their category based on overall rankings in the Karate BC Ranking system (see Appendix B below).   |

### Junior Athletes

| Provincial<br>Development 1 | Athletes who meet the Canadian Sport Institute criteria set out on page 5, above, and achieve one or more of the following: |
|-----------------------------|---|
|                             | Member of the National Team in a Junior (16-17) category in the past 24 months*   |
|                             | Podium finish at the previous Junior Pan-American Championships OR Junior World Championships in Junior (16-17) category.   |
|                             | National status from the previous year in Junior (16-17), but have aged out of their category, as verified by the NSO       |

| Provincial<br>Development 2 | Athletes who do not qualify for Provincial Development 1, meet the Canadian Sport Institute criteria set out on page 6, above, and who achieve one or more of the following: |
|-----------------------------|--|
|                             | 1 <sup>st</sup> place in a Junior (16-17) category at 2024 Provincial Championships  |
|                             | Number 1 or 2 top ranked Junior (16-17) athlete in their category based on overall rankings in the Karate BC Ranking system (see Appendix B below).                          |

| Cadet & Youth Athletes      |   |  |
|-----------------------------|---|--|
| Provincial<br>Development 2 | Athletes who meet the Canadian Sport Institute criteria set out on page 6, above, and achieve one of the following:                                   |  |
|                             | 1 <sup>st</sup> place in their category at 2024 Provincial Championships  |  |
|                             | Top ranked Youth (12-13) or Cadet (14-15) athlete in their category based on overall rankings in the Karate BC Ranking system (see Appendix B below). |  |

\*2023-2024 Junior National Team Criteria

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# Appendix B KBC Points Ranking System for Carding 2024-25

Karate BC will use the following point system in 2024-25 to determine the top ranking athlete in each category for the purposes of carding. The top ranking athlete in each category will be the athlete in that category who has earned the highest number of points.

| Event                              | Points  |
|------------------------------------|---|
| 2024 Canada Open (Elite divisions) | 1st place Gold – 37.5 pts 2nd place Silver – 18.5 pts 3rd place Bronze – 9.5 pts 4th place Bronze – 5 pts |

| 2025 BC Team Selection<br>Tournament          | 1st place Gold – 50 pts 2nd place Silver – 25 pts 3rd place Bronze – 15 pts 4th place Bronze – 10 pts  * Athletes who do not compete at the Selection Tournament because they have automatic invites to Nationals will receive points equivalent to those awarded for Selections based on their podium position at the 2024 Nationals (1st place Gold – 50 pts; 2nd place Silver – 25 pts; 3rd place Bronze – 15 pts; 4th place Bronze – 10 pts) |
|---|--|
| 2025 Karate BC<br>Provincial<br>Championships | 1st place Gold – 37.5 pts 2nd place Silver – 18.5 pts 3rd place Bronze – 9.5 pts 4th place Bronze – 5 pts  |